**PurpleTheory: Mission Engagement Ideas**

**Pray**

Pray individually and corporately.

Pray for the ways God is calling you to be in mission personally.

Pray for the ways God is calling your congregation to be in mission in the community and the world. Pray for people in your community, state, country, and around the world.

Pray for missionaries and their ministries. Also consider entering a covenant relationship with a UMC missionary as an individual or congregation to pray for and support a missionary long-term. [Learn more about covenant relationships here](https://umcmission.org/covenant-relationships/).

**Fast to Serve**

During Lent we fast in order to refocus our hearts, minds and actions. This Lenten season refocus on our call to love God and to love our neighbors by fasting from one thing that is keeping you from serving regularly. What will it take for you to serve once a month, or even once a week?

**Share the Good News of the Risen Christ**

Share the ways God’s love has been shared with you and through you, in both word and deed. What was the impact? How were you, your neighbors or congregation transformed? What changed within you? This sharing can be:

* With friends, family, coworkers, and neighbors
* During a mission moment, during small groups, or as a special event.
* On Social Media