

HEALTH CARE NEWS



Check out the Annual Election Downloadable Postcard

Download, print and mail! [Click here.](#)

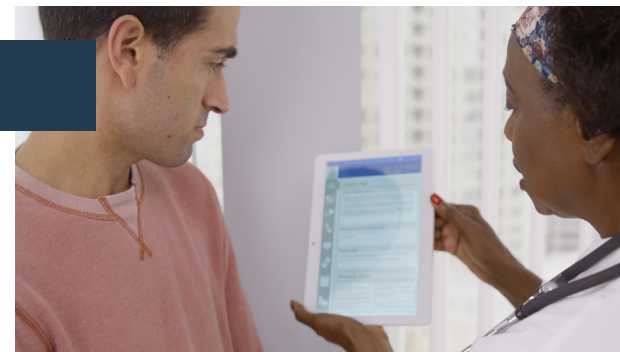


Blueprint For Wellness

Deadline to complete the Blueprint for Wellness is September 30.
[Sign up here](#)

Complete Your HealthQuotient

Avoid higher deductibles in 2021 by completing the HealthQuotient by September 30. If you took the Blueprint for Wellness screening, some of your health data will be conveniently and securely uploaded into your HQ. [Click here for more information](#)



WebMD Health Coaching

WebMD health coaching is available to help you reduce health risks and prevent more serious health problems. [Read more here](#)

Employee Assistance

Employee Assistance Programs (EAPs) are employer-provided plans covering a variety of support services around emotional well-being
[Read more here](#)

