

## The Office of Field Education invites you to join us for this two-part Supervisor Education Workshop presented by Dr. Sonia E. Waters

**November 15, 2016: Substance Addiction as Soul-Sickness** – This introductory session will review the dynamics of addiction, address causes, and offer a theological framework to help us cultivate compassion for those under our care. First, we will review addictions from neurobiological, attachment, and social oppression perspectives. Then, through the story of the Gerasene Demoniac in the Gospel of Mark, we will talk about substance addictions as a kind of soul-sickness: an emergent condition that arises from a Legion of individual and social vulnerabilities. The Gerasene captures the self-destructive, agentic nature of addiction as a force that progressively diseases the will. It is a scriptural framework that helps us imagine addictions as a kind of opportunistic possession that includes our own sins but also the sins of others in a profoundly relational world.



### **February 15, 2017: Accompanying the Addict into Recovery** –

In our second session, we will explore two popular addiction models for care, the Stages of Change Model and Motivational Interviewing, to provide the skills needed to accompany an addict into recovery. Stages of Change (or “change theory”) organizes the decision to change chronic behaviors into a staged process. There are different tasks that an individual must accomplish in relation to each stage as one seeks to tip the decisional balance towards lasting change. Motivational Interviewing provides basic listening strategies to help keep the addict in conversation during this process of considering and coming to change. It includes tactics to manage resistance and to develop discrepancies between substance using behaviors and articulated values or goals for one’s life.

Both events will be held in the Main Lounge of Mackay Campus Center from 8:30am to 12:00pm with a complimentary lunch to follow from 12:15-1:30pm. Attending both events is strongly encouraged, but not required. **Please register for the workshop** and let us know if you will stay for lunch by email to Amanda Cenker at [amanda.cenker@ptsem.edu](mailto:amanda.cenker@ptsem.edu) or by phone to 609-497-7971.

Sonia E. Waters is an Assistant Professor of Pastoral Theology at Princeton Seminary. She is teaching on addictions in seminary courses, in chaplaincy didactics, and in the Certificate in Theology of Ministry program. She received her BA in literature with a minor in gender studies from Wheaton College, her MDiv with honors from The General Seminary of the Episcopal Church, and her PhD in pastoral theology from Princeton Theological Seminary. She is an Episcopal priest with ten years experience in parish ministry and prior experience in feminist advocacy work focused on violence against women. Her research interests include addictions studies, visual culture, feminist and womanist pastoral theology, trauma studies, attachment theory, and relational perspectives on the self.

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